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Make time to practice self-care this year.

Teachers (and parents) have a lot to do this year. This coming year presents a tremendous opportunity for technology advancements, professional growth, innovation, and... ..fatigue. To do it well, we all must make space in our lives to practice self-care. The Council of Chief State School Officers have compiled [some high-level recommendations for self-care](#) to help you to stay on top of your game.

Want free templates for slides? Routines for helping students learn to interact productively online? Check this out!

[Dr. Theresa Wills](#) is a mathematics educator and distance-learning expert. She also understands the importance of sharing ideas among teachers, so we are big fans of her work! Through [her website](#), she offers free resources and just-in-time, on-demand opportunities for teachers to build their skills and vision for how to interact in an online setting. She offers free professional-development videos, and the slides that accompany the session are also downloadable. (For free.) There is so much good stuff on her website, don't try to digest it all at once. But do check it out and be sure to check out her editable Google slides in the templates tab!

Florida teachers are sharing sets of word problems on TiPS.

We know that many teachers purchase (with their own money!!) sets of math problems to pose to their students. Before you spend your hard-earned money, check the brand-new [Instructional Resources](#) section on www.teachingisproblemsolving.org and see if there is something there for you. The first contributions to that collection are a large set of problems provided by CGI Mentor Teachers Lorey Pipkorn and Rob Heath. (Holly Eubanks also deserves a shout out for her role as an author and contributor. Thanks, Holly!) These first sets of problems are designed for intermediate-grades students. Some are formatted to be printed to mailing labels for easy transfer into math journals. Many more free resources will be coming soon!

Get involved.

Like us on [Facebook](#), follow us on [Twitter](#), and sign up for TiPS notifications on our [website](#). We would love to see discussion or images of student thinking on the Facebook page or Twitter feed so that we can keep the conversation about mathematics teaching and learning going.